

# About the First Issue

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Our team is very happy to bring out the first issue of our **Journal of research in medical and interpathy sciences**, briefly named JREMEDI. Our Motto in Sanskrit is the Vedic saying विद्यया अमृतम् अश्नुते, which means 'knowledge leads to immortality'. Research is creating knowledge! The lofty goal as it obviously is, the area of medical research is wrought with several problems. From a humble editorial team of our journal, we admit that it is a struggle for quality. Eventually, all literature and research must be published somehow with reasonable and due care and the reader should view it with a critical lens. Sometimes, even good and important research faces difficulties in getting space in reputed journals. The research publication problem is burning at both ends. on one side, there are serious issues with the quality of conducted research, its presentation, and the editorial process. Indeed, predatory journals make research a business as much of the research is undertaken for promotional purposes in India. The cost of publishing in international repeated generals is so astounding that only funded research can even think of it. This cost can be from a lac to several lacs for a single Publication in 'highly accredited' journals. Many such highly acclaimed journals published even substandard material once money is assured. These are also a kind of predatory journals. Many journals exploit authors by way of editorial or language services since they cannot openly charge publication costs to keep the claim for their open access status. Publication bias for positive findings is a well-known problem already. This said, we are aware of the problems of starting a new journal without indexing status and the kind of articles that it would attract. but we need to make a beginning somewhere. Raising a journal from scratch to some kind of reputation is a long and arduous task and we should give a period of 2-3 years for the journal to mature and establish itself with some reputation. Initially, we have to take the risk of doing this like a house journal for faculty and PG students, training the house team and authors but further developing it beyond institutional boundaries.

A multidisciplinary journal such as this has some advantages, first the wide canvass it offers, and the cross-discipline expertise it can harness. Furthermore, since we are also accessing Interpathy research, we further widen the canvass. We believe that AYUSH research must integrate with 'Modern' medicine for mutual benefit. India needs to develop a holistic health science and for this, we need to harness the national resources diligently.

Scientific journals now bank on technology like never before, with the use of software right from lit-search, data analysis, referencing, plagiarism check and now AI resources. Despite all these, the basic principles of looking for innovation, relevance, truthfulness, medical ethics, scientific enquiry and rigour, and neutrality in reviewing articles all remain the same.

However, we aim to make it an open-access journal of good quality and indexation, which is free for authors to publish their research from inside and outside institutions. We will also encourage research publications from inter-pathy efforts and also wellness. To ensure a double-blind peer-reviewed system for quality assurance, we have a good platform offered by 9OVM Publisher, and a team of five external editors to steer the journal. We bring you all the first issue of this journal and hope that this will become a Publication platform for good quality research from medicine and other healing systems.



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